

Elles J.T.M van der Louw ,RD, PhD, works as a postdoc ketogenic dietitian at the Erasmus MC- Sophia Children's Hospital, Rotterdam , the Netherlands . She is specialized in diets for metabolic diseases and Ketogenic Diet Treatment in refractory epilepsy and cancer in both children and adults. The Multidisciplinary Ketogenic Team of the Erasmus MC- Sophia has treated more than 350 (very young) children with all types of the Ketogenic Diet. She got her PhD (2020) on research titled: ketogenic diet treatment advancing indications, management and outcomes. She is founder and president of Matthews Friends Netherlands-Flanders and chair of the Dutch Ketodietitians group. She is member of the national working group nutrition for first 1000 days of children and lactating women of the Dutch Health Council (the advisory committee of the Dutch government)

She is author of the Dutch Dietary guideline of the Ketogenic Diet in children with refractory epilepsy (2007 and 2010), Super Vet cooking book (2013, 2020 6th print), Ketogenic Diet guidelines for infants with refractory epilepsy (2016) , Recommendations for Ketogenic Parenteral Nutrition in children with drug resistant epilepsy (2018) and coordinating author of the Dutch National clinical care path of the Ketogenic Diet in children with refractory epilepsy and/or metabolic diseases (2015).

E-mail: e.vanderlouw@erasmusmc.nl.